

## 1974 Region 5 Girls - Saturday, May 25 at St. Cloud South Junior High

**Teams:** SC Apollo 38, Orono 24, Mpls West 19, Chaska 12, Cooper 12, Mpls Washburn 11, Richfield 7, St. Michael-Albertville 7, Willmar 7, Buffalo 7, Bloom. Kennedy 6, Holdingford 6, Litchfield 6, Howard Lake 5, Edina West 4, Wayzata 4, Hopkins Lindbergh 4, Robbinsdale 4, Shakopee 4, Atwater 4, Bloom. Jefferson 3, Foley 3, Mound 3, SC Tech 3, Mpls Roosevelt 3, Mpls Marshall-U 3, Kimball 2, Armstrong 2, Bloom. Lincoln 2, Albany 2, Mpls Central 1, Minnetonka 1.

### 60 Yd Hurdles

1 Sue Wahl, SC Ap 8.5

### 100 Yd Dash

1 Vos Holdingford 11.4

### Mile Run

1 Krueger, Coop 5:28.7  
5 Joan Kampa, SC Ap

### 880 Yd Relay

1 St. Cloud Apollo 1:49.4 (Langer, Martins, Knopik, Meyer)  
4 Litchfield

### 440 Yd Dash

1 Steffens, STMA 60.4

### 110 Yd Hurdles

1 Lorraine Laurence, Chaska 15.2  
2 Sue Wahl, SC Ap 15.5

### 880 Yd Run

1 Seikkula, Coop 2:22.1

### 880 Yd Medley Relay

1 St. Cloud Apollo 1:55.5 (Langer, Martins, Westra, Knopik)  
2 Litchfield 2:02.6

### Notes:

### 220 Yd Dash

1 Elliott, Mpls West 26.9  
3 Barb Knopik, SC Ap

### 440 Yd Relay

1 Orono 52.3  
3 Howard Lake 52.5

### Shot Put

1 Carol Finerud, Mpls West 40-1  
2 Mary Wild, Willmar 39-5

### Discus

1 Dunlap, Orono 119-5  
4 Dirkes, SC Ap

### Long Jump

1 Sue Wahl, SC Ap 16-11.75  
3 Tracy St. Onge, SC Tech

### High Jump

1 Carskaden, Chaska 5-2.25  
3 Mary Wild, Willmar 5-0  
4 Collette Namyst, SC Ap  
5 Sue Wahl, SC Ap